

CTO LARGA DISTANCIA MASTER, 21/01/2017
 Datos técnicos: Piscina de 25 m., Cronometraje Manual

LAS PALMAS DE G.C.
21/01/2017
1 - 1500 m. LIBRE FEMENINO

RK	Licencia	Nombre	Año	Club	T.R.	Resultado						
1	043654859	QUINTANILLA AYLLON ELENA	1965	METPOLE		22:11.68						
	50	40.84	100	1:23.87	200	2:51.46	400	5:47.19	800	11:42.44	1500	22:11.68
		40.84		43.03		1:27.5		2:55.7		5:55.2		10:29
2	043292930	PEREZ DIAZ NOEMI	1988	SSLUCIA		25:01.91						
	50	43.93	100	1:31.89	200	3:10.38	400	6:28.73	800	13:10.55	1500	25:01.91
		43.93		47.96		1:38.4		3:18.3		6:41.8		11:51
3	0X8387432	MELCHER MARTINA	1967	SSLUCIA		26:10.14						
	50	45.27	100	1:33.34	200	3:15.00	400	6:43.58	800	13:44.19	1500	26:10.14
		45.27		48.07		1:41.6		3:28.5		7:00.6		12:25
4	009418622	CABAL ALVAREZ BEATRIZ Mª	1974	LPALMAS		27:54.47						
	50	54.32	100	1:48.91	200	3:41.15	400	7:23.13	800	14:47.87	1500	27:54.47
		54.32		54.59		1:52.2		3:41.9		7:24.7		13:06
5	042205533	LEON CAZORLA BENAYGA	1983	SSLUCIA		29:28.62						
	50	50.57	100	1:44.83	200	3:38.84	400	7:38.92	800	15:42.82	1500	29:28.62
		50.57		54.26		1:54.0		4:00.0		8:03.9		13:45
6	054075309	PEREZ VALENCIA YANIRA CRISTINA	1981	SSLUCIA		30:14.64						
	50	58.10	100	1:55.00	200	3:52.78	400	7:55.72	800	16:02.96	1500	30:14.64
		58.10		56.90		1:57.7		4:02.9		8:07.2		14:11
7	043276635	OJEDA QUINTANA GLORIA ESTHER	1969	SSLUCIA		33:33.17						
	50	56.47	100	1:58.45	200	4:08.38	400	8:38.59	800	17:37.06	1500	33:33.17
		56.47		1:01.9		2:09.9		4:30.2		8:58.4		15:56
8	042078396	HERNÁNDEZ ROUSSEAU MARÍA ROCIO	1964	REALES		38:13.48						
	50	1:05.42	100	2:19.94	200	4:52.23	400	9:55.63	800	20:09.72	1500	38:13.48
		1:05.4		1:14.5		2:32.2		5:03.4		10:14		18:03
9	827422088	HOFFMANN HARNISCH INGE	1958	REALES		38:49.49						
	50	1:07.35	100	2:23.27	200	4:57.82	400	10:09.96	800	20:32.40	1500	38:49.49
		1:07.3		1:15.9		2:34.5		5:12.1		10:22		18:17
	042857417	ACOSTA FAJARDO MARIA JESUS	1970	LPALMAS		BAJ						
	044300628	DEL PAZO FRANCO CRISTINA	1973	LPALMAS		BAJ						

 SUS: SUSTITUCIONES NP: NO PRESENTADO DSI: DESC. SALIDA IRREGULA DNI: DNI DES: DESCALIFICADO
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2 - 1500 m. LIBRE MASCULINO

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1	046773523	LOB-LEVYT SILES JORDI	1988	LPALMAS		18:12.93
	50 31.76	100 1:04.61	200 2:12.72	400 4:34.91	800 9:29.65	1500 18:12.93
	31.76	32.85	1:08.1	2:22.1	4:54.7	8:43.2
2	042857256	GUTIERREZ ASCANIO CIRO	1970	METPOLE		18:21.36
	50 33.98	100 1:09.54	200 2:23.00	400 4:50.80	800 9:47.36	1500 18:21.36
	33.98	35.56	1:13.4	2:27.8	4:56.5	8:34.0
3	054090979	SUAREZ RAMOS ALBERTO	1995	CITELDE		20:05.61
	50 36.15	100 1:14.22	200 2:32.58	400 5:11.71	800 10:38.31	1500 20:05.61
	36.15	38.07	1:18.3	2:39.1	5:26.6	9:27.3
4	043439426	JUANES GIMENES GABRIEL	1976	SSLUCIA		20:35.82
	50 37.06	100 1:15.90	200 2:37.57	400 5:22.83	800 10:54.68	1500 20:35.82
	37.06	38.84	1:21.6	2:45.2	5:31.8	9:41.1
5	044718655	REYES SANTANA RUBEN	1985	CDBM		20:59.49
	50 37.50	100 1:16.41	200 2:35.85	400 5:20.77	800 10:55.79	1500 20:59.49
	37.50	38.91	1:19.4	2:44.9	5:35.0	10:03.
6	044323955	RODRÍGUEZ BRITO JORGE ANDRÉS	1977	CITELDE		21:33.72
	50 36.53	100 1:16.53	200 2:40.59	400 5:32.49	800 11:19.27	1500 21:33.72
	36.53	40.00	1:24.0	2:51.9	5:46.7	10:14.
7	054066158	RODRIGUEZ HERNANDEZ J.M.	1976	SSLUCIA		21:36.37
	50 38.95	100 1:19.39	200 2:43.67	400 5:37.52	800 11:22.04	1500 21:36.37
	38.95	40.44	1:24.2	2:53.8	5:44.5	10:14.
8	043758118	LOPEZ TREJO RODRIGUEZ V.M.	1970	LPALMAS		21:44.02
	50 39.23	100 1:19.43	200 2:43.69	400 5:37.40	800 11:27.27	1500 21:44.02
	39.23	40.20	1:24.2	2:53.7	5:49.8	10:16.
9	042831369	MARTINEZ LLISO CLAUDIO	1966	METPOLE		22:45.98
	50 41.62	100 1:24.57	200 2:53.35	400 5:56.74	800 12:03.73	1500 22:45.98
	41.62	42.95	1:28.7	3:03.3	6:06.9	10:42.
10	0X4747020	ELGUE JUAN CARLOS	1952	CDBM		23:04.01
	50 41.29	100 1:23.88	200 2:51.60	400 5:47.59	800 12:02.28	1500 23:04.01
	41.29	42.59	1:27.7	2:55.9	6:14.6	11:01.
11	043756602	NARANJO GIL PABLO	1969	SSLUCIA		23:10.74
	50 41.19	100 1:24.33	200 2:55.01	400 6:00.81	800 12:15.79	1500 23:10.74
	41.19	43.14	1:30.6	3:05.8	6:14.9	10:54.
12	042218521	GONZALEZ MELIAN JONAY	1988	SSLUCIA		23:14.52
	50 40.47	100 1:23.89	200 2:53.28	400 5:55.46	800 12:09.59	1500 23:14.52
	40.47	43.42	1:29.3	3:02.1	6:14.1	11:04.
13	050737438	VAZQUEZ MORALES HECTOR	1982	LPALMAS		23:24.33
	50 42.37	100 1:26.76	200 2:59.19	400 6:07.33	800 12:29.62	1500 23:24.33
	42.37	44.39	1:32.4	3:08.1	6:22.2	10:54.
14	X9814844P	MARTINEZ ARROYO JESUS	1975	LPALMAS		23:37.56
	50 44.23	100 1:31.51	200 3:07.81	400 6:21.87	800 12:43.08	1500 23:37.56
	44.23	47.28	1:36.3	3:14.0	6:21.2	10:54.
15	043663702	JIMENEZ DE LA GUARDIA MIGUEL A	1965	LPALMAS		24:31.92
	50 43.01	100 1:29.64	200 3:09.39	400 6:29.61	800 13:05.16	1500 24:31.92
	43.01	46.63	1:39.7	3:20.2	6:35.5	11:26.

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16	045669001	PATIÑO MARTINEZ JUAN	1973	SSLUCIA		
50	42.75	100 1:27.44	200 3:06.16	400 6:30.70	800 13:15.40	1500 24:58.36
	42.75	44.69	1:38.7	3:24.5	6:44.7	11:42.
17	078537765	MARTIN FUENTES ANTHONY	1994	LPALMAS		
50	48.98	100 1:40.83	200 3:27.84	400 7:04.72	800 14:13.12	1500 26:17.58
	48.98	51.85	1:47.0	3:36.8	7:08.4	12:04.
18	042856226	PEREZ ARAÑA JUAN MANUEL	1972	SSLUCIA		
50	49.59	100 1:40.16	200 3:26.09	400 7:01.38	800 14:15.33	1500 26:49.48
	49.59	50.57	1:45.9	3:35.2	7:13.9	12:34.
19	050842763	PANAL HERNANDEZ JUAN	1970	CIUALTA		
50	52.08	100 1:45.58	200 3:35.94	400 7:24.10	800 15:08.90	1500 27:11.69
	52.08	53.50	1:50.3	3:48.1	7:44.8	12:02.
20	078478456	RAMIREZ MAYOR FRANCISCO MANUEL	1976	SSLUCIA		
50	51.53	100 1:54.78	200 3:40.65	400 7:29.19	800 15:02.39	1500 27:36.30
	51.53	1:03.2	1:45.8	3:48.5	7:33.2	12:33.
21	042625773	O'SHANAHAN ROCA MAURICIO	1942	METPOLE		
50	51.58	100 1:46.98	200 3:40.74	400 7:26.21	800 14:55.73	1500 27:51.71
	51.58	55.40	1:53.7	3:45.4	7:29.5	12:55.
22	042215412	SANTANA PERDOMO AYOZE	1988	SSLUCIA		
50	52.47	100 1:46.47	200 3:40.34	400 7:31.37	800 15:17.59	1500 28:28.30
	52.47	54.00	1:53.8	3:51.0	7:46.2	13:10.
23	042796851	GUERRA SUAREZ ENRIQUE LUIS	1963	METPOLE		
50	50.87	100 1:45.69	200 3:39.95	400 7:27.12	800 15:12.30	1500 28:59.63
	50.87	54.82	1:54.2	3:47.1	7:45.1	13:47.
24	044314256	SÁNCHEZ PÉREZ MARCOS VALENTIN	1975	AGUACAN		
50	55.87	100 1:54.98	200 4:02.45	400 8:16.63	800 16:50.27	1500 31:49.68
	55.87	59.11	2:07.4	4:14.1	8:33.6	14:59.
25	043667338	SUAREZ MATEOS ALBERTO	1966	CIUALTA		
50	1:07.60	100 2:31.37	200 5:24.29	400 11:05.02	800 22:52.13	1500 43:07.71
	1:07.6	1:23.7	2:52.9	5:40.7	11:47.	20:15.
	054081776	SANTANA SARMIENTO MIGUEL	1983	CITELDE		
						BAJ
	074793742	CHECA FAJARDO PLACIDO	1950	CIUALTA		
						BAJ

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